

# YMCA Childcare Resource Service

## EMERGENCY TIP OF THE MONTH

### DROWNING PREVENTION



In San Diego County, drowning is the leading cause of death in children ages 1-4 and the second leading cause of death in children under the age of 1. Here are tips you can use to prevent drowning at your child care.

1. Never leave a child unsupervised, even for a minute, around any water.
2. Do not leave any water in bathtubs, kiddie pools, buckets or water stations. Children can drown in as little as an inch of water.
3. A baby bath seat is not a substitute for supervision. A bath seat is a bathing aid, not a safety device.
4. Keep the toilet lid down to prevent access to the water and use a toilet clip to stop young children from opening the lids.
5. Always maintain fences and gates and secure safety covers and other barriers to prevent children from gaining access to pools, spas or hot tubs. Contact Licensing at 619-767-2200 for regulations for water play.
6. If needed, USE CPR -- it can be a lifesaver when seconds count.

For more information on keeping your child care facility safe, contact the YMCA Childcare Resource Service at 1-800-481-2151.