



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GET READY. STAY READY.

## Emergency Tip of the Month

Some parents and guardians choose not to have their children vaccinated. A recent bill signed by the Governor requires these parents or guardians to have a signed affidavit from a licensed health care practitioner stating that the parent or guardian was informed about the risks of not vaccinating their children before they can enroll their children in a child care program. The law will go into effect January 1, 2014.

In other news, here are some tips on how to prevent the spread of the flu in your child care program.

- 1) Get your flu shot. The CDC recommends that everyone 6 months and older should get a flu vaccine every year! Getting your flu vaccine is one of the most important things you can do to protect yourself and your families.
- 2) Remember to do your daily health check.
- 3) Encourage staff to stay home when they are sick and parents to keep sick children at home.
- 4) Children and staff should wash their hands with soap and water frequently throughout the day.
- 5) Teach children to cough and sneeze into their elbow.

Please pass on this information to your parents.

FOR OTHER QUESTIONS ABOUT YOUR CHILD CARE PROGRAM, CALL THE YMCA CHILDCARE RESOURCE SERVICE AT 1-800-481-2151.

