



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GET READY. STAY READY

## Emergency Tip of the Month

Last week, a San Diego mother was arrested for leaving her 4 month old daughter in the car while shopping. Firefighters measured the temperature at 140 degrees Fahrenheit when the car was locked for 10 minutes. Over the past year, 33 children in the nation have died of heat-related injuries from being left unattended in the car.

The “look before you lock” campaign is especially important for children because their bodies can heat up five times faster than an adult. Here are tips to use from the National Highway Traffic Administration:

1. Never leave a child in a parked vehicle, even if the windows are open and the engine is running with the air conditioning on. Also **DO NOT** leave a child in the car while dropping off another child at school.
2. Always check the front seat, back seat, and cargo area before locking your vehicle and walking away.
3. Teach children that a vehicle is not a play area.
4. Keep your vehicle locked, and the keys stored out of reach.
5. Ask child caregivers to call you immediately if your child does not arrive for care as expected.
6. Print out these tips and pass it along to other caregivers and parents.

FOR MORE INFORMATION ON KEEPING YOUR CHILD CARE FACILITY SAFE, CONTACT THE YMCA CHILDCARE RESOURCE SERVICE AT 1-800-481-2151.

**Make sure you don't leave baby behind in a hot car.**



**where's baby?**  
Look before you lock.