



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GET READY. STAY READY.

## Emergency Tip of the Month



Playground equipment encourages children to test and expand their physical abilities. However, there are inevitable dangers. Here are five steps on how to keep children safe on the playground.

- 1) Closely supervise children on the playground. Make sure the playground has few or no blind spots.
- 2) Stay focused on the children. Leave personal phones indoors and divide up supervision of the yard so co-workers are not tempted to gather and talk or respond to calls and messages.
- 3) Check the equipment. Know which types of equipment are appropriate for each child's age and development and make sure that he or she plays on the appropriate equipment for his or her age group.
- 4) Survey the playground site. Inspect the playgrounds for hazards such as broken glass, litter, sharp objects, and broken or worn out equipment.
- 5) Examine the surfacing. Check the playground's surfacing to make sure it's appropriate. Acceptable surfaces include loose-fill materials such as engineered wood fiber, shredded rubber, and sand or pea gravel.

PLEASE PASS ON THIS INFORMATION TO YOUR PARENTS.  
FOR OTHER QUESTIONS ABOUT YOUR CHILD CARE PROGRAM,  
CALL THE YMCA CHILDCARE RESOURCE SERVICE AT 1-800-481-2151.