



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GET READY. STAY READY.

## Emergency Tip of the Month

Safely administering and storing medicine in your child care program is important to ensure children are receiving the correct medications at the correct dosage and time. Here are some things to remember about giving children medicine:

First, only administer over the counter medication if the parent or legal guardian has provided written consent and if the medication is in its original container.

Second, prescription medication must be in the original, child-resistant container that is labeled with the name, dosage and storage instructions and is accompanied by a copy of the prescription from the pediatrician.

Third, do not administer medication beyond the expiration date on the container.

Fourth, always keep a log of any medications you have administered, including information on the dose, time, and side effects. Have parents sign this log at the end of the day.

Lastly, medication errors can be controlled by checking the following five items each time medication is given:

- 1) Right Child
- 2) Right medicine
- 3) Right dose
- 4) Right time
- 5) Right route of administration



PLEASE PASS ON THIS INFORMATION TO YOUR PARENTS.  
FOR OTHER QUESTIONS ABOUT YOUR CHILD CARE PROGRAM,  
CALL THE YMCA CHILDCARE RESOURCE SERVICE AT 1-800-481-2151.