



YMCA CHILDCARE RESOURCE SERVICE

3333 Camino Del Rio S., San Diego CA 92108

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www.crs.ymca.org

CRS CONNECT

Linking families, child care professionals and the greater San Diego community.

IN A LEAGUE OF HER OWN

PARTING WORDS FROM OUR MVP-DEBBIE MACDONALD

It is with deep sadness that I say good bye to all of you as I am retiring March 31, 2014 as the Executive Director of the YMCA Childcare Resource Service. I have been honored to work with and serve all of the early childhood and development providers in San Diego County for more than 17 years. We have done so much together, from attending Padre games at Provider Appreciation Day, to working with the San Diego County Child Care and Development Planning Council, to designing and implementing the Preschool for All Program and the San Diego CARES Program. As well, we have all fought to improve the quality of care for children in San Diego as well as California and even across the United States. Our collective impact has been enormous.

"It is the long history of humankind (and animal kind, too) those who learned to collaborate and improvise most effectively have prevailed." Charles Darwin said this and I have always believed that our collaborations with other organizations have made Childcare Resource Service as strong as it is today. We cannot make significant change on our own. We are so much more powerful together. We all know that there is nothing more important to young children than the adults they live and play with, including family and their caregivers. You and the children and families you work with are the face of the future for San Diego County, California and our nation. I am sure that as you all continue to work together to have a collective impact, that you will continue to create great programs for young children and their families.

Confucius once said, "Choose a work that you love and you won't have to work another day." Thank you to everyone for helping to make the last 25 years for me seem like one gigantic play date with you.

Debbie Macdonald



(Not a real magazine)

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CRS CONNECT is sent as a public service to families, licensed child care facilities and other professionals in the community. To be placed on the mailing list, call 619-521-3055 x2312.

YMCA Childcare Resource Service Referral and Complaint Policy

YMCA CRS provides free child care referrals to parents for their specific child care needs in licensed and legally license exempt facilities in San Diego County. Service is provided to all persons requesting them regardless of income or other eligibility factors. Confidentiality of both parents and providers is maintained. Child care referral lines are open Monday–Thursday from 8:00 am to 4:00 pm and Fridays from 8:00 am to 12:00 pm or referrals may be accessed online at www.crs.ymca.org.

Consumers are offered a variety of child care options including family child care homes, child care centers, preschools, before and after school care, and in-home agencies. YMCA CRS seeks to promote and develop quality care for children but does not make recommendations regarding particular providers. YMCA CRS strongly encourages parents to visit facilities and review provider histories with Community Care Licensing at 619-767-2200, prior to making the final decision for child care arrangements. Responsibility for selecting a child care provider rests with the parent or guardian.

YMCA CRS has established policies and procedures to ensure all complaints from parents, providers and the community are addressed in a clear and equitable manner. California legislation mandates that child care resource and referral agencies may not refer child care programs that are on probation, under a temporary suspension order or hold a revoked license from Community Care Licensing (CCL). Referrals are resumed when CCL sends written notification which indicates the program can return to active referral status. For a full version of YMCA CRS referral and complaint policies and procedures log on to www.crs.ymca.org, call 800-481-2151 or e-mail myresource@ymca.org.

Mission Valley Office 619-521-3055
South County Office 619-474-4707
Child Care Referrals 1-800-481-2151
Web site www.crs.ymca.org

CATS TRAINING UPDATES

Get the latest information about upcoming trainings and activities for parents, providers and child development professionals. Sign up to receive the Childcare Activity & Training Service (C.A.T.S.) Community Calendar updates on a monthly basis via e-mail by following these four easy steps:

1. Visit our web site at www.crs.ymca.org/calendar
2. Click on "Receive Updates" on the left side of the page
3. Complete the requested information and click on "Submit Registration"
4. Check your e-mail for a confirmation message and click on "Account Activation"

Monthly updates on the many trainings and activities in the C.A.T.S. Calendar will now be sent to your e-mail address automatically.

MISSION MOMENT

LETTER FROM A PARENT

"I am ecstatic I have found a child care provider for my baby girl-to-be. My husband and I both love the family child care provider we found. Her husband is great too and they live less than five minutes walking distance from our home. It really feels like a neighbor will be caring for our baby. I interviewed nine home care providers and centers before finding her and I owe it all to Tanya. Tanya initially helped me over the phone, explained to me how referrals work, told me how to check licensing (I found some scary citations!), and took down all of the possible areas I wanted to search. After the initial search, I continued to request more and more searches via e-mail which she cheerfully provided every time, even when I gave her very specific instructions." Tanya made the whole process easy and less scary. In addition to being extremely helpful, her responses were always very timely and reflected exactly what I had asked for. I got a lot more than I expected. Now that we have a provider for my return for work, I feel like I can get back to my health and the health of my baby. We are so grateful!"

Call us on the YMCA CRS Child Care Referral Line at 1-800-481-2151 for free child care referrals for all families regardless of income.



GET READY FOR SUMMER!

Go to www.ymca.org to find a branch near you. Receive member discounts on programs and summer camps.

CELEBRATING 25 YEARS OF SERVICE AT THE YMCA

DID YOU KNOW?

Debbie LOVES the San Diego Padres!

Her nickname is DMAC.

Her favorite cake is Costco cake.

She likes a good skit.

DMAC loves Disneyland.

Debbie started her YMCA career at the East County Y.

Debbie has dedicated her career to improving the lives of families and children.



EMBRACING DIVERSITY

Embracing Diversity All Year Long

Diversity and inclusion are the pillars of who we are as an organization. In this issue of the CRS CONNECT, we highlight Autism Awareness and celebrate Asian-American/Pacific Islander Heritage and Freedom Day.

April is Autism Awareness Month

According to Autism Society, "Autism is a complex developmental disability that typically appears during the first three years of life and affects a person's ability to communicate and interact with others. Autism is defined by a certain set of behaviors and is a "spectrum disorder" that affects individuals differently and to varying degrees. There is no known single cause of autism, but increased awareness and funding can help families today."

AMC Theaters presents sensory friendly films on a monthly basis. This is a special opportunity for families to enjoy their favorite films in a safe and accepting environment. The auditoriums dedicated to the program have their lights up, the sound turned down and audience members are invited to get up and dance, walk, shout or sing! Visit the AMC website for locations near you.

May is Asian-American and Pacific Islander Heritage Month

The month of May was chosen to commemorate the immigration of the first Japanese to the United States on May 7, 1843, and to mark the anniversary of the completion of the transcontinental railroad on May 10, 1869. The majority of the workers who laid the tracks were Chinese immigrants.

The Asian Cultural Festival of San Diego will be held on Saturday, May 10, 2014 at Convoy Street. During this free, fun, family friendly event, there will be martial arts, ethnic dances, cultural exhibitions, entertainment, games, and food!

**"It is time for parents to teach young people early on that in diversity there is beauty and there is strength."
-Maya Angelou**

June 19 is Juneteenth

Juneteenth, also known as Freedom Day or Emancipation Day, is observed as a public holiday in 14 U.S. states. This celebration honors the day in 1865 when slaves in Texas and Louisiana finally heard they were free, two months after the end of the Civil War.



TIPS FROM YOUR CHILD CARE CONSULTANTS

Here are some family friendly activities around your Community:

Take a walk at the **CUYAMACA COLLEGE WATER CONSERVATION GARDEN**; enjoy the scenery and get inspired and educated by the exhibits and programs to help promote water conservation. www.thegarden.org



Take a free tour of the **U.S. OLYMPIC TRAINING CENTER** in Chula Vista, including training fields and tracks, athlete dorms and the Otay Lake Reservoir. Tours are offered from the Copley Visitor Center at 11:00 AM on Saturday. Self-guided tours are available daily. www.teamusa.org/About-the-USOC/Training-Centers-and-Sites/Chula-Vista



Spend time with family and friends watching **MOVIES UNDER THE STARS** at Santee Lakes. www.santeelakes.com/movies-by-the-lake



FREE CONCERTS in San Diego; enjoy a concert in an outdoor setting; view the listing of parks and public areas that have free summer outdoor concerts. http://sandiego.about.com/od/outdoorrecreatio1/tp/free_concerts.htm

Visit the **MUSEUM OF CONTEMPORARY ART SAN DIEGO (MCASD)** and watch the best art of our time. Free on the third Thursday of each month from 5:00 - 7:00 PM. www.sandiego.org/members/museums/museum-of-contemporary-art-san-diego.aspx

PAINT THE WALLS IN POWAY is a kid's art and crafts activity center. They also have monthly craft classes. www.paintthewallssandiego.com

Visit the **LA JOLLA COVE** and watch the sunset on the ocean; one of the most spectacular natural settings in the world. www.lajollabythesea.com/la-jolla-cove



Visit the **CHULA VISTA FARMERS' MARKET** and enjoy the wide array of local, organic, seasonal produce offered directly from farmers or have a snack from the international food court offered by different vendors. www.thirdavenuevillage.com/farmers-market



COMMUNITY HIGHLIGHTS

DEVELOP YOUR CONNECTION TO THE COMMUNITY

Increase your support to the families you serve and enhance community awareness of your child care program! [The Online Training Academy](#) offers a variety of self-paced professional development for child care centers and family child care homes. Choose your training hours from specific areas such as Community Organizations, Helping Families Find and Use Resources, and Marketing and Recruiting.

Individualized training on your schedule is just a click away at www.crs.ymca.org. The self-paced curriculum is easy to follow, with research-based instruction developed by early learning professionals that include CEU's (continuing education units). **You have 24/7 access to online learning from the comfort of home.**

FAMILY CHILD CARE AT ITS BEST: INTRODUCING LANGUAGE THROUGH PLAY

Using a child-centered approach, participants of this training will gain an increased understanding and competence in methods for supporting emerging language and literacy capabilities, as well as guidelines concerning the creation of a print-rich environment.

Topics include:

- Language development in the early years
- Infusing play with language
- Promoting circles of communication
- Supporting language development in the home

Date: Saturday, June 14

Time: 8:30 AM – 2:00 PM

Location: YMCA CRS Mission Valley
3333 Camino del Rio South, 4th floor
San Diego, CA 92108

Information: 1-800-481-2151

This training is sponsored by the Center for Excellence in Child Development, UC Davis for licensed family child care providers and space permitting, privately operated child care centers. Please bring a bag lunch.

SAN DIEGO COUNTY CHILD CARE AND DEVELOPMENT PLANNING COUNCIL

Here are some upcoming events and meetings from the San Diego Child Care & Development Planning Council:

On **April 25**, the Planning Council is sponsoring the Legislative Breakfast at the Handlery Hotel in Mission Valley. Camille Maben of First Five California will speak on Quality Rating Systems for pre-schools.

A Public Hearing will be held on the 2014-2015 Zip Code Priorities, **May 12** at 9:30 AM, at the San Diego County Office of Education (6401 Linda Vista Road Room 202). Anyone interested in commenting on the proposed priorities is invited to attend.

There will be an educational event for Preschool Directors on **May 16** at the Four Points Sheraton in Kearny Mesa. (See page 11 for flyer)

On **June 8**, the Planning Council is sponsoring the Child Care Provider Appreciation Day at PETCO Park! (See page 12 for flyer)

A Community Partnership Forum for Family Child Care and other providers will be held **July 16** at San Diego County Office of Education from 6:30-8:30 PM.

Please contact Doug Regin, Child Care and Development Planning Council Specialist, for more information at: dregin@sdcoe.net or call 858-292-3727.



COMMUNITY HIGHLIGHTS

SDSU SUPPORTS EARLY CHILDHOOD EDUCATION

EC-SEBRIS GRADUATE CERTIFICATE

The Early Childhood Socio-Emotional and Behavior Regulation Intervention Specialist (EC-SEBRIS) Graduate Certificate Program is being offered at San Diego State University. The EC-SEBRIS Graduate Certificate is an interdisciplinary, one-year graduate-level certificate program that focuses on professional preparation of early childhood educators who work with young children with socio-emotional and behavioral concerns, and their parents. The program provides appropriate field-based training for recognizing and responding to behavioral challenges in effective ways.

The program curriculum teaches students:

- different theories in child behavior intervention and prevention
- positive behavior support for children with challenging behavior
- eco-behavioral assessment and intervention; and
- advanced behavior analysis.

This knowledge base is applied in the community through 500 hours of supervised practicum with young children in San Diego County. The certificate will instruct and mentor early childhood educators to implement early intervention behavioral support services based on the Response to Intervention (RTI) and the Recognition and Response models to children and staff on their site.

These skilled and well-trained early childhood professionals will reduce the level of risk, enhance developmental outcomes, and therefore reduce costs of future needed interventions for children in future years. The certificate program follows the training Guidelines and Personnel Competencies for Infant-Family and Early Childhood developed by Childhood Mental Health Training Guidelines Workgroup, 2010.

Additional information can be found online: <http://coe.sdsu.edu/cfd/prospective/certificate.php>

MASTER OF SCIENCE DEGREE IN CHILD DEVELOPMENT

The focus of the master's program is on the early years and prevention with an emphasis on parent-child intergenerational relationships. The goal is to enhance school readiness and prepare teachers to work with families on socio-emotional and behavior support in educational settings and homes. Taken independently, this program can be completed in two years (four academic semesters). Students who complete the EC-SEBRIS program can continue to the M.S. in Child Development and complete the M.S. in as few as two academic semesters.

Additional information on the master's program can be found here: <http://coe.sdsu.edu/cfd/prospective/masters.php>

MAKING A DIFFERENCE IN THE LIVES OF CHILDREN

The YMCA Teens in Motion (TIM) program has been providing quality afterschool programming for teens and young adults with disabilities for more than ten years. The strength of our program and our commitment to teens and families comes from our belief in the Y's four core values; honesty, responsibility, respect, and caring.

Due to the generous support from YMCA staff, TIM families and the community, we can continue to offer a summer enrichment program, with school bus transportation and field trips for the teens. Our 2014 Teens in Motion Campaign concluded in March, we exceeded our goal and raised a total of \$16,376! These funds will go towards school bus rentals and more activities for our students. Our goal is to provide activities and social involvement similar to those that many typical teenagers experience. We are grateful for the support from all who donated to this campaign. You have made an impact on the lives of young adults.

SPECIAL THANKS to our staff and most generous donors from YMCA Childcare Resource Service:

Debbie Macdonald, Kathleen Ferenchak, Kim McDougal and Tim McKeon

SPECIAL THANKS for the support from the following businesses:

Chili's Grill & Bar-Mission Valley, BFG Employees, David Colton and Daye Gehrke



LICENSING UPDATE

NEW LAW: IMMUNIZATION EXEMPTIONS

As of January 1, 2014, parents and guardians who, because of personal beliefs, do not want their children to receive one or more immunizations required for entering school or child care must provide documentation specified by a new state law (Assembly Bill 2109). Parents and guardians and their authorized health care practitioner must sign a standardized exemption form within six months before entry to child care or school. The form acknowledges the health practitioner has (1) informed the parent or guardians of the benefits and risks of immunizations and (2) the health risks to the student and to the community of the communicable disease for which immunization is required in California.

Information about this new law is available at www.shotsforschool.org including a standardized exemption form that meets the requirements of Assembly Bill 2109.

RECALL INFORMATION REMINDER

The U.S. Consumer Product Safety Commission (CPSC) advises consumers to stop using recalled products immediately unless otherwise instructed. It is the responsibility of the child care licensee to ensure the health and safety of all children in their care. Licensees are required to follow manufacturer labels and adhere to all recall instructions provided by the CPSC. To subscribe to receive recall alerts on consumer products, visit the CPSC website at www.cpsc.gov.



YMCA'S HEALTHY KIDS DAY! SATURDAY, APRIL 26, 2014

On Saturday, April 26, the YMCA of San Diego County is celebrating YMCA's Healthy Kids Day®, the Y's national initiative, with a free community event at all branches throughout the county to get kids moving and learning and get families living healthier.

Healthy Kids Day will include fun active play and educational activities to keep kids moving and learning, in order to maintain healthy habits and academic skills to achieve goals and reach their full potential. Millions of children and their families are expected to participate in Healthy Kids at nearly 1,600 events across the country. Contact your local Y for more details or visit www.ymca.org.

FROM OUR RESOURCE AND TOY LIBRARY

The YMCA CRS Resource Library has the following books and toys to enhance your program.

BOOKS & ACTIVITIES:

The Very Hungry Caterpillar by Eric Carle

Grow a garden and teach children about healthy eating with this activity inspired by The Very Hungry Caterpillar.

Vegetable Garden materials needed:

- The Very Hungry Caterpillar book
- assorted fruits & vegetables
- soil, plastic cups and bean or sunflower seeds

Gardening is a great way to teach children about planting. It includes many hands on experiences which are enjoyable and educational for children. Children can grow their own mini vegetable or flower garden. They can help with digging small holes and planting seeds. They can also tend to their garden every day by watering and weeding. Create silly and fun rituals such as dancing around the garden with music to help the garden grow.

Music & Movement Songs:

- "The Farmer in the Dell"
- "Here We Go 'Round the Mulberry Bush"

Vegetable Soup by Lois Ehlert

Have the children bring in vegetables from home to help make their version of vegetable soup!

Healthy Cooking materials needed:

- Vegetable Soup book
- assorted vegetables
- large pot, cutting board, plastic knives, soup bowls

Children can help by washing the vegetables and cutting them with safe plastic knives. Talk about the different colors you see and why each vegetable is good for you. Once the soup is done you can enjoy a healthy vegetable soup for lunch. Teach the children the names of the vegetables you will be using and ask them which one is their favorite. This is a great way to teach children healthy cooking.

Counting and Sorting Game:

Set out different baskets and plastic fruits and vegetables. Children can place the fruits and vegetables in the basket and count them, or they can sort fruits and vegetables by color.

Veo la primavera / I see Spring by Charles Ghigna

After reading the story talk to the children about when the weather begins to change from cold to warm. Talk about how spring brings new growth. Go outdoors to take a nature walk around your neighborhood or look at the different flowers and plants in your back yard. Set an easel outside and invite the children to paint a bouquet of flowers or let the outdoors inspire them. All you need are painting smocks, easels, non-toxic tempera paints, paint brushes, paper and inspiration!



TOYS:

Giant Classroom Mailbox

This mailbox has all the authentic features for realistic play including a slot in front for mailing letters and notes and an opening on the side for retrieving the mail.

Doctor's Office Kit

These big, chunky instruments are perfectly sized for young physicians' hands. Kit includes a stethoscope, plastic bandage, a thermometer, blood pressure meter and more.

Community and Careers Theme Box

Children learn all about community and careers with comprehensive, hands-on lessons. This theme box is packed with materials that invite children to explore their community from a community map and building pieces to a listening lotto game.

Little Hands Tool Tote

Young builders really get to work with this safe plastic tool set! It features 8 extra-chunky tools that are easy to hold and sized just for little hands.

Cash Register

Reinforce real-world math skills with a cash register that really works! The built-in calculator and digital display let kids add, subtract, multiply and divide as they ring up purchases.

Pet Vet Center

This activity-filled center lets young veterinarians bandage pretend wounds, listen to heartbeats, examine X-rays & more.

Construction Site Floor Puzzle

A bulldozer, dump truck, mixer and more, this action-packed puzzle is filled with all of kids' favorite construction vehicles.

ASK THE HEALTHLINE

FARM TO PRESCHOOL

Getting children to enjoy a variety of fruits and vegetables might seem like a challenging task, but nothing is impossible when a little creativity and a few smiles are mixed together to create a hands-on learning program like **Farm to Preschool**. Research shows that the early years of development are important for children to learn and develop healthy habits. Preschool children are active learners who experience the world by moving, exploring, role playing, and watching behavior modeled by mentors or adults.

The ultimate goal of **Farm to Preschool** is to improve access to healthy food, not only at the child care setting, but also at home. This program is designed to influence healthy eating habits from a young age by providing experimental and learning opportunities through play and food exploration. If children are involved in planting seeds and preparation of the produce, they are more likely to be excited and will enjoy their foods even more.

The **Farm to Preschool** program has two components: a seasonal fruit and vegetable classroom curriculum and hands-on learning activities. The classroom curriculum provides "Harvest of the Month" activities that highlight seasonal fruits and vegetables, fun physical activity exercises, taste test of new fruits and vegetables, discovery labs to dissect and discover new produce, as well as literature components where children can read stories. Also, the curriculum seeks to engage teachers, parents and children to increase healthy behaviors and knowledge about seasonal fruits and vegetables that can be grown at home, or school.

Farm to Preschool is available for all child care settings including but not limited to: Head Start programs, pre-schools, school districts, center-based, and family child care facilities.

Farm to Preschool, as well as the nutrition education information that it contains, is a fun way to prepare children for kindergarten through the hands-on activities that help children develop social skills while exploring one fun activity at a time.

If you would like to find more information on how to incorporate **Farm to Preschool** in your child care setting, call YMCA CRS HealthLine at: 800-908-8883.

For more information about **Farm to Preschool**, visit: www.farmpreschool.org

RETHINK YOUR DRINK

For each additional sugary drink a child consumes per day, his or her risk of obesity increases by an astonishing 60 percent. Rady Children's Hospital has launched a campaign to reduce consumption of sugar sweetened beverages (SSB), and we need your help to get the word out. Early childhood educators play an important role in educating children and families about healthy choices such as the importance of choosing water and milk over sugary drinks.

On any given day, half of the U.S. population consumes sugary drinks and one out of four people consume at least 200 calories from such drinks. The ugly truth is that added sugar means empty calories, and empty calories put kids at risk of obesity and health problems in childhood and adolescence such as tooth decay, obesity, diabetes, and nutrition deficiencies. Common sugary drinks are regular (non-diet) sodas, sports drinks, bottled teas, fruit-flavored drinks, juice, and energy drinks.

The average can of a sugar sweetened beverage provides about 150 calories, almost all of them from sugar, and has high levels of fructose corn syrup. That is the equivalent of 10 teaspoons of table sugar. If you were to drink just one can of a SSB every day, and not cut back on calories elsewhere, you could gain up to 5 pounds in a year. Some SSB's contain as many as 11 teaspoons of sugar. Each gram of sugar contains four calories. If a food has 15 grams of sugar per serving, that is 60 calories just from the sugar. Sugar is often added to high-calorie foods, such as cookies and cakes, and drinking SSB's adds more unnecessary calories.

Better options: Water, water with fruit added, and unflavored milk. In addition, a new law (AB 2084) was made effective in January 2012 for licensed child care providers that limits juice to no more than one four ounce serving of 100 percent juice a day. To make those ounces of fruit juice last longer without any extra sugar, dilute them with water. The law also states that providers will serve lowfat milk (1 percent) or nonfat milk to children two years of age or older and make clean and safe drinking water readily available and accessible for drinking throughout the day.

Rady Children's invites you to team up, **Rethink Your Drink**, and encourage parents and children to not drink SSB's. Informational materials are available. Contact Cheri Fidler at: cfidler@rchsd.org or call 858-495-7748.



2014 DIRECTOR'S WORKSHOP

for Child Care Center Directors
and Large Licensed Family Child Care Providers

MAY 16, 2014



DATE: Friday, May 16, 2014

TIME: 8:00 AM – 3:30 PM

PLACE: Four Points Sheraton (Free Parking)
8110 Aero Drive, San Diego 92123

INFO: Debbie 619-521-3055 ext. 2319

Advanced Registration \$45 - Due May 9th
(Includes Continental Breakfast and Lunch)

On-site Registration \$65
(Meals not included)

SPECIAL PRESENTATION: CCL TRENDS AND UPDATES

Hear the trends and updates from Community Care Licensing, Department of Social Services, including common violations, new developments at CCL DSS statewide. Q&A

FULL DAY OF PROFESSIONAL DEVELOPMENT TOPICS:

- Staff Management and Leadership
- Nature and Outdoor Play
- Health and Physical Play
- Quality Rating Systems and Trends
- Inclusive Child Care Environments
- Challenging Behaviors

Visit vendors, find community resources, opportunities for door prizes!

Sponsored by:



One person per form. Check or Money order, no cash accepted. **Please make check payable to: SDAEYC**

To register for DIRECTOR'S WORKSHOP, complete and mail registration form with payment to:
YMCA Childcare Resource Service • Attention: R&R Training • 3333 Camino del Rio South, Suite 400 • San Diego, CA 92108

Name: _____ E-Mail: _____

Address: _____

City: _____ Zip: _____ Phone: _____

Director's Workshop: May 16, 2014 Enclosed \$45 (Check payable to SDAEYC - Due May 9th)

I am a (check one): Family Child Care Provider Center-Based Provider Other _____



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOU'RE INVITED!

CHILD CARE PROVIDER APPRECIATION DAY AT PETCO PARK

presented by **YMCA CHILDCARE RESOURCE SERVICE**

JUNE 8, 2014

Padres vs Nationals Game at 1:05 p.m.

- **YMCA Booth at Park in the Park**
- **Giveaways for child care providers**
- **Resources for families and providers**
- **Friar Fit, Pad Squad and more!**

Up to 50% off tickets!

Go to www.Padres.com/Events
Look for YMCA Childcare Resource Service
on June 8 and click on "Buy Tickets"
Enter the Code: CHILDCARE

Ticket Prices with Discount

from \$10.50-\$29.00

For group ticket sales please contact:
Chelsea Dill at 619-795-5398 or cdill@padres.com



**Thank you to SDCCDPC
for their generous support!**
For sponsorship opportunities contact:
Erika 619-521-3055 ext. 2233
E-mail eramirezlee@ymcacr.org

