



YMCA Childcare Resource Service

A Department of the YMCA of San Diego County



CRS Vision Statement:

“Promote the well-being of families and children and those who care for them.”

YMCA Childcare Resource Service (CRS) is a leader in meeting the needs of families, early care and education programs and the child care community. Services include:

- Advocating for families and children
- Providing resources and training to child care providers
- Provide free child care referrals
- Subsidizing child care for low income families
- Providing respite care to families with children with special needs
- Providing health and behavioral health resources

Mission Valley

3333 Camino del Rio South #400
San Diego, CA 92108
Tel 619.521.3055 Fax 619.521.3050

Vista

640 Escondido Avenue #108
Vista, CA 92084
Tel 760.726.9100 Fax 760.726.4352

National City

2602 Hoover Avenue #101
National City, CA 91950
Tel 619.474.4707 Fax 619.474.2435

Resource and Referral

The Resource and Referral department (R&R) provides free services and programs that promote and increase the quality of child care. The goal of the department is to provide families with information to help them understand options for care and how to choose a quality program that meets the family's needs. R&R Services include:

- Child care consultants who explain the steps to choosing child care and provide free child care referrals.
- Specialized referrals for children with special needs.
- Enhanced referrals to civilian child care programs for qualified active duty military personnel.
- A Resource Library in all 3 offices, including a “Resources in Motion” van that delivers toys and resources to outlying areas.
- C.A.T.S. calendar lists child development trainings, events and college courses.
- CARES pays stipends to staff that complete college classes while working with young children in a child care setting.
- Child Care Initiative Project provides training in infant and toddler care, and assists participants in starting and maintaining a licensed family child care.
- License Exempt Education Project provides training to increase the quality and safety of unlicensed home-based programs.
- Health and Safety Training grant issues vouchers to pay for required health and safety training.
- A free bimonthly newsletter, the *Child Care Communique*.

For more information about R&R programs and services, log on to www.ymcacrs.org or call 1.800.481.2151.

Respite Unit

The Respite Unit (SNU) provides respite child care breaks for families who have children ages 0-18 with developmental disabilities. All families must be referred to YMCA CRS by San Diego Regional Center for the Developmentally Disabled. Respite child care offers families:

- Time for errands and appointments
- Time for rest and relaxation
- Care in the child's home
- Or care can be provided in a licensed child care facility

The Respite Unit also offers *Teens in Motion* (TIM), an after school program for teenagers with special needs. The program is currently operating at Valhalla and Clairemont High Schools.

- TIM provides supervision, activities and inclusion in after school events
- Students may attend the TIM program on a weekly or daily basis
- TIM serves working parents who qualify for Regional Center child care or respite care
- Parents who do not receive Regional Center services pay the full program fee

The Respite Unit offers ongoing support, training and resources on developmental disabilities to families, providers and the community.

Call the Respite Unit at 619.521.3055 ext. 1404.

Alternative Payment

The Alternative Payment Program (AP) helps low income families pay for child care and helps families access community resources.

AP staff:

- Determine family eligibility
- Assess family need
- Contract with providers
- Process payments for child care services
- Provide technical assistance to parents and child care providers

Need Requirements:

In order to qualify for subsidized child care services, families must be income eligible and:

- working, looking for work, in job-related training at an accredited school, or
- medically incapacitated, or
- homeless, or
- referred through Child Protective Services (CPS), or
- off cash assistance (aid) for less than two years, or
- on aid and deemed stable by the County Welfare Department

Call 619.521.3055 for more information.

Centralized Eligibility List

The Centralized Eligibility List (CEL) is a single eligibility list for subsidized child care and development programs serving low income families in San Diego County.

- All California Department of Education programs in San Diego County access the CEL to enroll families when funding becomes available.
- Families can complete and make changes to their application on the Internet.
- Families looking for help paying for child care may fill out an eligibility application at www.childcaresandiego.com.

Call 1.800.521.0560 for more information or to request an application by mail.

HealthLine

The Child Care HealthLine is a source of health and behavioral health information, resources and services for families and child care providers serving children 0-5 years of age. Parents with a child enrolled in child care and child care providers within San Diego County are eligible for services. Free services include:

- Telephone consultations
- Childhood nutrition information
- Hearing assessments
- Behavioral intervention and assessment
- Parent and provider workshops

Call the HealthLine at 1.800.908.8883 for more information or to request services.

