

YMCA Childcare Resource Service HealthLine

Healthy Development Services

Intensive Behavioral Consultation



The HealthLine Program is excited to offer a new **free** behavioral health service called ***Intensive Behavioral Consultations*** to child care providers across the County of San Diego. An *Intensive Behavioral Consultation* is designed to offer support to a provider who is having difficulties with challenging behaviors in their early learning environment.

A Behavior Health Specialist can coach the provider to:

- Promote social emotional skills to improve children's behavior
- Improve classroom structure and physical environment
- Implement positive reinforcement and student involvement
- Promote positive teacher-family interaction

What would this service look like?

- Initial intake meeting to discuss provider's main concerns and needs
- A total of 5-7 sessions, lasting 2-3 hours per session
- Sessions include observation and a meeting to discuss recommendations

The *Intensive Behavioral Consultations* service is not directed at a particular child but at improving overall classroom management. The service is intended to support teachers in managing challenging behaviors in the early learning environment. All referrals are provider/director initiated. To take advantage of the *Intensive Behavioral Consultations* please call Tiffany Houston at (619) 521-3055 x2402 or e-mail: thouston@ymcacrs.org.

Intensive Behavioral Consultations is part of Healthy Development Services, a network of developmental, speech and language and behavioral services funded by First 5 San Diego that help prepare children ages birth through five to be ready to succeed in school.

