

\$100 Mini-Grants for Childcare Classrooms

To Implement Healthy Food and Physical Activity Policies

Who can apply? Any licensed childcare program or center in San Diego County with children ages 2-5

How much can I apply for? \$100 per classroom. Each classroom will also receive a SPARK Early Childhood physical activity manual (\$100 value) and the Sesame Street Healthy Habits for life curriculum/book/DVD package.

What will be required? You will be asked to allow 45-60 minutes to complete a survey about food and activity offerings in your childcare classroom at a meeting in March and in June

When do we get the funds? At the initial meeting in March

When can I start? All sites will be selected to start in March

When does the money need to be spent? The funds must be spent within two months of the initial meeting

What can the funds be used for? To purchase necessary equipment, supplies or resources to implement new policies that will promote healthy eating and physical activity, while reducing sedentary behavior in your classroom

How do I apply? Complete the information on the back

Who can I call if I have questions?

Jamie Moody at 619-594-0588 or JamieSMoody@gmail.com

