

# \$100 Mini-Grants for Childcare Classrooms

## To Implement Healthy Food and Physical Activity Policies

**Who can apply?** Any licensed childcare program or center in San Diego County with children ages 2-5

**How much can I apply for?** \$100 per classroom. Each classroom will also receive a SPARK Early Childhood physical activity manual (\$100 value) and the Sesame Street Healthy Habits for life curriculum/book/DVD package.

**What will be required?** You will be asked to allow 45-60 minutes to complete a survey about food and activity offerings in your childcare classroom at a meeting in March and in June

**When do we get the funds?** At the initial meeting in March

**When can I start?** All sites will be selected to start in March

**When does the money need to be spent?** The funds must be spent within two months of the initial meeting

**What can the funds be used for?** To purchase necessary equipment, supplies or resources to implement new policies that will promote healthy eating and physical activity, while reducing sedentary behavior in your classroom

**How do I apply?** Complete the information on the back

**Who can I call if I have questions?**

Jamie Moody at 619-594-0588 or [JamieSMoody@gmail.com](mailto:JamieSMoody@gmail.com)

