



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHLINE BEHAVIORAL HEALTH WORKSHOPS

Let's Play, Learn and Socialize!

Studies have shown that social skills are the single best predictor of adult success. Our behavior health specialists will help early childhood educators understand the importance of social emotional development in young children. Educators will learn how to promote and encourage children's social skills and set up their environment to assist in supporting positive social interactions.

Embracing the Challenging Child

Let's look at challenging behavior from a different perspective. This workshop will focus on developmentally appropriate techniques that educators can use to build a positive relationship with children having challenging behaviors. In addition, participants will be given tools to increase expressions of warmth and affection between the provider and children in daily routines, room setup, materials and equipment.

Aggression, Tantrums and Meltdowns... Sound Familiar?

We will work with early childhood educators on how to help children identify and express strong emotions in a healthy manner. Strategies will be shared to reduce temper tantrums, meltdowns and aggression. Participants will have the opportunity to problem solve challenging behavior cases with a Behavior Health Specialist.

Creating Effective Schedules, Routines and Transitions

Learn new techniques to create a well managed early learning environment. This workshop focuses on the importance of establishing routines and schedules as well as implementing effective transitions to improve children's behaviors.

To schedule a workshop please call the HealthLine at 1-800-908-8883