

# CURRICULUM BUILDERS



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

CHILD CARE RESOURCE SERVICE

RESOURCE AND REFERRAL

February 2016

[www.crs.ymca.org](http://www.crs.ymca.org)

SUPPORTING CHILD CARE PROVIDERS AND EARLY CHILDHOOD EDUCATION



## ABOUT THE STORY

*Paul and Sebastian*

by Rene Escude and Ulises Wensell

Paul lives in a green trailer with blue curtains. Sebastian lives in a blue apartment with green curtains. Their parents don't want them to play together. In time, as is the way of children, they become best friends, and in the process teach the adults something about "differences."

### STORY STRETCHERS

Throughout the story provide prompts and ask children open ended questions about what is happening. This will prompt more complex thoughts and comprehension of the story. Below are examples of questions and prompts that you might ask.

- How did Sebastian and Paul meet?
- What do they like to do when they are around each other?
- Think of activities that you like to do with your friend(s). What are those activities?

### CRS RESOURCE LIBRARY

Curriculum Resource books and toys are available to check out at our library. Call 619-521-3055 ext. 2304 to make a library appointment.

### WEB SITES

Here are some web sites to give you more curriculum ideas:

<https://blog.etsy.com/en/how-tuesday-sailors-knot-bracelets/>

<http://www.preschool-plan-it.com/friendship.html>

<http://www.everythingpreschool.com/themes/friendship/index.htm>

### CONNECT WITH CRS!

Learn about upcoming events, Wellness Wednesday, Frugal Friday and more:

[www.facebook.com/YMCA.CRS](http://www.facebook.com/YMCA.CRS)



## FINE MOTOR

### FRIENDSHIP JEWELRY

#### Materials:

- Pipe Cleaners
- Scissors
- Yarn
- Beads
- 14 (for a smaller wrist) or 20 (for a larger wrist) ounce can



#### FRIENDSHIP RING/BRACELET

- Insert a pipe cleaner through beads
- Use yarn to wrap between beads
- Bend a pipe cleaner to fit the size of a finger or a wrist
- Encourage the children to gift the jewelry to their friend

### VARIATION FOR OLDER CHILDREN

#### SAILOR KNOT FRIENDSHIP BRACELET

Visit: <https://blog.etsy.com/en/how-tuesday-sailors-knot-bracelets/> for step by step instructions and list of supplies.



1. Begin by wrapping one end of the yarn around the can to shape an X. Leave about a 4 inch tail.
2. Wrap the long end of yarn around the can again and bring it up to the middle of the X.
3. Pass the long end of the yarn under the right, upper leg of the X and pull the long end all the way through.
4. Move the upper left leg of the X over the right leg of the X to create an oval shape.
5. Pull the long end of the yarn through the oval shaped opening you just set up
6. Turn the can a bit and again pass the long end of the yarn under the right upper leg of the X and pull the end through
7. Repeat steps 4 through 6 until you to the beginning of your project
8. Follow the twine you initially laid out and create a parallel second line.
9. Continue around the can
10. Continue knotting the rope around the bracelet until each strand of the braid has one parallel line.
11. To finish, just knot the ends together and weave then into the inside of the bracelet.

## GROSS MOTOR

### OBSTACLE COURSE FOR FRIENDS

Create an obstacle course for the children to go through in groups of two or three. You could have a double balance beam where they need to hold hands as they walk on, crawl under a table together, hop into a hula hoop together, etc.

\*Obstacle course items may be checked out at the YMCA CRS Resource and Toy Lending Library.



## CIRCLE TIME

### SONG

#### WHO IS HERE TODAY?

Sung to "the Farmer in the Dell"

Who is here today?  
Who is here today?  
Everybody clap your hands,  
Who is here today?  
(Child's Name) is here today!  
(Child's Name) is here today!  
Everybody's happy that  
(Child's Name) is here today!

## ART

### FRIENDSHIP PAINTING

#### Materials

- 1 piece of paper for each pair of children
- Paint of various colors
- Variety of painting tools (rollers, brushes, etc.)
- Easel (optional)

#### Instructions

- Allow two children to come to the easel to paint together
- When the children have finished painting, write both children's name on the art and place to dry.
- Hang it on the wall or bulletin board for the children to see.