

CURRICULUM BUILDERS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA CHILDCARE RESOURCE SERVICE
RESOURCE AND REFERRAL

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www.crs.ymca.org

SUPPORTING CHILD CARE PROVIDERS AND EARLY CHILDHOOD EDUCATION



ABOUT THE STORY

Sun Where Do You Go?

By Francesca Grazzini

Illustrated By: Chiara Carrer

This book explains how the Earth turns around the Sun, the seasons, the months of the year, and many other facts about the sun through dialogue of the sun and a snail.

ACTIVITY

After reading the above story, Ask the children:

- When does the Sun come out?
- Does the sun come out during the night or day?
- What types of things do they like to do during the day?

CRS RESOURCE LIBRARY

Curriculum resource books are available to check out at our library. Call 619-521-3055 ext. 2304 to make a library appointment.

WEB SITES

Here are some web sites to give you more curriculum ideas:

<http://www.preschool-plan-it.com/preschool-sun-theme.html#Art>

<http://www.123child.com/lessonplans/seasonal/spring/sun.php>

<http://innerchildfun.com/2012/06/sunshine-crafts-and-activities-for-kids.html>

CONNECT WITH CRS!

Learn about upcoming events, Wellness Wednesday, Frugal Friday and more:

www.facebook.com/YMCA.CRS



SCIENCE

PAINTING WITH WATER

Provide buckets of water and large paintbrushes or rollers. Invite children to "paint" sidewalks, bricks, trees, etc.

After a few minutes, ask them to notice which of the places they painted have begun to dry. They will probably see that sunny areas dry faster than shaded areas. Help them record their findings and discuss their ideas about what happened.

SUN TEA RECIPE

Materials

- One-quart glass jar with lid
- Three teabags (herb teas are recommended)
- Liquid measuring cup
- Water
- Ice cubes
- Lemon (optional)

Instructions:

- Wash jar in soapy water and rinse it clean.
- Drop in three bags of your favorite tea.
- Pour in three cups of cold water.
- Seal the jar and put it outside for two or three hours, keeping it in the hot sun continuously.
- Bring the jar indoors and remove the teabags.
- Put a few ice cubes in a glass and pour in the tea.
- Add lemon, and enjoy!

LEFTOVER TEA SHOULD BE STORED IN THE REFRIGERATOR.

TRY THIS METHOD WITH DIFFERENT FLAVORED TEAS.

FINGERPLAY ACTIVITY

The sun makes the outside a warm place to play
(arms above head in circle)

It makes the flowers grow each day
(holding up hands wiggling fingers)

The sun hides its face during the night
(cover face with hands)

But during the daytime it shines - oh so bright
(arms above head in circle)



WATER TABLE PLAY

ORBIT TIME

Put pie pans and small balls in the water table. Change the water into a black or blue color by adding a couple drops of food coloring. Place the balls into the pie tins, and guide children to gently practice moving the pan in a circle to make the ball (sun) orbit around the pan.

WEATHER & SEASONS INSTANT LEARNING SET

Students learn all about weather and seasons with a hands-on learning center that comes ready to use! The instant center has everything children need to build skills independently.

Just set out the materials and introduce the activity. Then children can use colorful trays to sort picture pieces by season!

