

CURRICULUM BUILDERS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CHILD CARE RESOURCE SERVICE

RESOURCE AND REFERRAL

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www.crs.ymca.org

SUPPORTING CHILD CARE PROVIDERS AND EARLY CHILDHOOD EDUCATION

DEVELOPING GLOBAL LEADERS

Our Going Global program at the Y focuses on developing global leaders through our youth programs by incorporating fun activities where children can learn while having fun. We hope you like our Curriculum Builders focused on Italy! <http://www.ymca.org/about-us/global/going-global-.html>

ITALIAN FOLK TALE

Strega Nona By Tomie dePaola

Strega Nona -- "Grandma Witch" -- is the source for potions, cures, magic, and comfort in her Calabrian town. Her magical ever full pasta pot is especially intriguing to hungry Big Anthony. He is supposed to look after her house and tend her garden but one day, when she goes over the mountain to visit Strega Amelia, Big Anthony recites the magic verse over the pasta pot, with disastrous results.

STORY STRETCHER

After reading this story to young children, ask the children questions to promote deeper thinking. You can present these questions:

- What happened at the beginning of this story?
- What happened next?
- What was the biggest problem in the story?
- How did the story end?
- What type of character was Strega Nona?



CRS RESOURCE LIBRARY

Curriculum Resource books are available to check out at our library. Call 619-521-3055 ext. 2304 to make a CRS Resource Library appointment.

WEB SITES

Here are some websites to give you more curriculum ideas:

<https://gsoedibleschoolyard.wordpress.com/2013/05/11/get-your-kids-in-the-kitchen-with-homemade-pasta/>

<http://www.theseedsnetwork.com/exploring-countries-in-preschool-italy/>

http://www.ehow.com/how_3109_play-bocce-ball.html

CONNECT WITH US!

Learn about upcoming events, Wellness Wednesday, Frugal Friday and more:

www.facebook.com/YMCA.CRS

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BOCCE BALL

Bocce Ball is popular to play in Italy at picnics and family gatherings because it's appropriate for people of all ages and physical skills.

To play the sport, you'll need a flat area and a bocce ball set that consists of the large balls and one small "jack ball", also called a *pallino*. Bocce Ball can be played pitting foursomes, threesomes or pairs, or one-on-one.

- Each team gets a total of four balls of a different color.
- Each frame begins with one team tossing out the jack ball to the opposite end of the court. Teams take turns rolling.
- The team who has a ball closest to the jack is referred to as having the "in" ball; they then move aside so the "out" team can bowl.
- Players can try to roll a ball that stops close to the jack; to knock the jack closer to a team ball; or to knock an opponent's ball away.
- The frame is complete when all balls are rolled. The team with a ball closest to the jack ball wins the frame.



FRESH EGG PASTA

Ingredients:

- 2 ¼ cups all-purpose flour
- 3 large eggs

Instructions:

- Pour the flour into a mound in a large bowl. Make a well in the center of the flour. Break eggs one at a time and carefully beat them without disturbing the wall of flour.
- Use a fork to gradually draw the flour into the eggs, stirring in wider and wider circles.
- Use both hands to push the remaining flour into the center, and work the mixture until a dough forms.
- Knead for about 8 minutes or until the dough is springy.
- Divide the dough into 3 balls. Cover with plastic or a damp dish towel, and let the dough rest for about 30 minutes.
- Sprinkle dough with flour and flatten with the palm of your hand. Using a rolling pin, roll dough into a large, flat disc.
- Use the rolling pin to stretch the dough thinner and thinner. Use a pizza wheel to cut the dough into strips for noodles.
- Once the noodles are cut, immediately add them to salted, boiling water. Cook for just a few minutes and drain water. *Mangia! (Eat!)*



CIRCLE TIME

During large group time, go around the circle and ask the children what their favorite pizza topping is. How many children like the same toppings? Have they ever tried toppings like anchovies or pineapple?

PARLA ITALIANO!

Another large group time activity is to learn simple Italian phrases.

Ciao: Hello and good bye

Buon Giorno: Good morning

Grazie: Thank you

Ciao amico!: Hey friend!

DANCE TARANTELLA

In Italian culture, the word *tarantella* evokes images of a frenzied spinning dance traditionally played at weddings. *The Tarantella* originated in Southern Italy. Children can dance to traditional Italian music and this is a great way to get the children to work together in a circle to do various aspects of this dance.

