

CURRICULUM BUILDERS

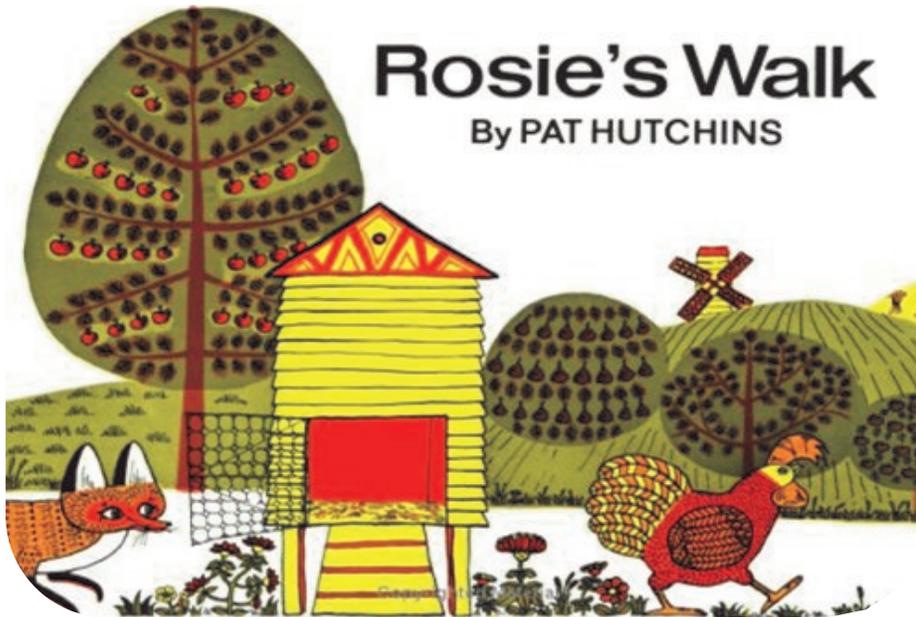
YMCA CHILDCARE RESOURCE SERVICE

RESOURCE AND REFERRAL

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www.crs.ymca.org

SUPPORTING CHILD CARE PROVIDERS AND EARLY CHILDHOOD EDUCATION



ABOUT THE STORY

Rosie's Walk

By Pat Hutchins

Rosie the hen leaves the chicken coop and sets out for a little walk. Right behind her is the fox, slyly trying to catch up with her. Rosie's walk is quiet, uneventful and eventually leads her back to the coop, blissfully unaware of the fox's travails as he tries -- unsuccessfully -- to navigate the obstacle course that Rosie has led him through.

STORY STRETCHERS

This book is filled with very little words. Use this as an opportunity to engage the child's imagination and creative thinking skills. Ask questions such as those listed below:

- Where do you think Rosie is going?
- Why is the fox following Rosie?
- What do you think is going to happen to Rosie?

CRS RESOURCE LIBRARY

Curriculum Resource books are available to check out at our library. Call 619-521-3055 ext.2304 to make a library appointment.

WEB SITES

Here are some web sites to give you more curriculum ideas:

<http://www.pre-kpages.com/plantseed/>

<http://www.preschoolrainbow.org/preschool-spring.htm>

<http://www.dltk-holidays.com/spring/>

CONNECT WITH CRS!

Learn about upcoming events, Wellness Wednesday, Frugal Friday and more:

www.facebook.com/YMCA.CRS



SNACK

Through this activity, children will learn to prepare a simple breakfast. Engage in conversation about where milk and eggs come from.

Materials:

- Bowl for mixing that is also microwave safe
- Eggs
- Milk
- Fork

Instructions

- Crack the egg(s) into the bowl and discard egg shells
- Add a teaspoon of milk for each egg
- Whisk the eggs and milk together
- Place the bowl into the microwave for one minute.

The microwave is a safe alternative to using a stove top to make the scrambled eggs. It also gives children practical use for learning their numbers when they input them into the microwave to cook their meal.



LANGUAGE & LITERACY

TEN LITTLE PIGS

Ten little pigs rolled in the mud -
Squishy, squashy, felt so good.
The farmer took one piggy out.
"Oink, Oink, oink," the pig did shout!

Continue with nine, eight, seven so forth, then...

No little pigs rolled in the mud.
They all looked so clean and good.
The farmer turned his back and then,
Those pigs rolled in the mud again.

OUTDOOR EXPLORATION

PLANTING POTATOES

Materials:

- Seed potato
- Soil
- Small shovel

Instructions:

- Scout a sunny spot with loose soil
- Cut seed potatoes into 2 inch pieces
- Dig a furrow about three inches deep
- Place the seed potato in the furrow with the eyes pointing up leaving 12 inches between each one
- Rake soil carefully over the potato.
- Water the potato
- Pile dirt around the sprouting plants when they reach around five inches tall to ensure the potato is covered.
- Keep potatoes covered with soil until only about 1 inch is still exposed.
- Pile on more dirt two to three weeks later.

FINE MOTOR & MATH FUN

Kids build fine motor control, develop eye/hand coordination and count as they help our hungry cow gobble up treats! The irresistible game features a cow with giant-sized mouth plus a big, scooper designed just for little hands. Kids use the scooper to grab tasty pretend treats and drop them into the cow's mouth and fine-tune motor skills with every bite!



This item may be checked out at the YMCA CRS Resource and Toy Lending Library.

ART

WOOLLY SHEEP

Materials

- Paper
- Pencil
- Glue
- Paint brush/glue brush
- White cotton balls

Instructions:

- Set out the materials on the table
- Trace around the child's hand
- Encourage the child to cut out their handprint
- Cover the palm of the handprint with glue then add cotton balls
- Turn the print so that the four fingers are pointing down for the sheep's legs
- Draw facial features on the thumb (face and neck) with a black marker