

Teens in Motion is dedicated to:

- Addressing the lack of child care facilities for high school students with disabilities.
- Offering purposeful and meaningful after school activities for students with disabilities.
- Enhancing the academic and social development of students with disabilities.
- Providing a more inclusive, richer high school experience for students with disabilities.

What can my gift do?

\$50: Provides 25 swim passes to encourage health and wellness for teens that need assistance with physical activity.

\$100: Provides 7 transportation passes for community outings and field trips.

\$300: Provides a wheelchair accessible bus rental for the day.

\$500: Provides communication and adaptive equipment for a classroom of 20 teens.

\$1,000: Provides additional resources for teens who have exceptional needs.

Checks payable to:
YMCA CHILDCARE RESOURCE SERVICE

YMCA Childcare Resource Service is a nonprofit 501(c)(3) agency.

For more information or to make a donation to Teens in Motion, contact:

YMCA CHILDCARE RESOURCE SERVICE Respite Unit

3333 Camino del Rio South, Ste. 400
San Diego, CA 92108
Phone: 619-521-3055 x1402
E-mail: mperkins@ymcacrs.org
www.crs.ymca.org
www.facebook.com/YMCA.CRS

TEENS IN MOTION SCHOOL SITES:

Clairemont High School
4150 Ute Drive, Room 106
San Diego, CA 92117
Child Care License #376700180
Phone: 619-972-0678
Site Supervisor: Sarah Craig

Rancho Bernardo High School
13010 Paseo Lucido
San Diego, CA 92128
Child Care License #376700782
Phone: 858-245-0411
Site Supervisor: Debra Rogers

Viking Center
1751 Hillsdale Road
El Cajon, CA 92019
Child Care License #376700479
Phone: 619-672-0786
Site Supervisor: Jaime Shackelford

Future sites to open in Chula Vista and Poway, to provide needed services for teens across San Diego County.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FUNDS FOR THEIR FUTURE

2014 CAMPAIGN

TEENS IN MOTION
After School Program for
Teens with Disabilities

YMCA CHILDCARE RESOURCE SERVICE



About Us

Teens in Motion is an after school program designed to provide supervision and support to high school students with disabilities. We offer after school activities that will encourage physical, emotional and social development.

Students enrolled in the program participate in classroom activities such as art, cooking, games, computers and homework assistance. They also have the opportunity to be included in after school activities on campus. Our students may attend sporting events, field trips, dances and camps, and participate in community outings during school breaks.

Program Structure

Students enrolled in the **Teens in Motion** program are met by program staff and signed into a licensed classroom on campus. They receive a snack, attention to their personal needs and get a choice of indoor and outdoor activities for the day.

- The Teens in Motion program is currently located at Clairemont High School, Viking Center and Rancho Bernardo High School. Future sites to include Chula Vista and Poway.
- The Teens in Motion program operates from school dismissal until 6:00 PM, Monday through Friday. Sites are also open during the school breaks.

Making a Difference

"The YMCA Teens in Motion program has been a vital part of Elisha's life for the past seven years. Every day after school, Elisha looks forward to seeing his friends and the awesome ladies who run the program. The Teens in Motion program has always taken great care in supervising and caring for these disabled young people with dignity and respect. It is evident to me that the ladies who care for these teens love their job and love these kids. Elisha's favorite part of the program is during the summer and holidays when the program is open full-time. They meticulously plan and offer super fun events in the community that Elisha absolutely loves to participate in. These field trips promote opportunities for socialization that these kids would not otherwise have. We would be lost without the Teens in Motion program and the awesome care they provide to my son."

-Melody Haak (TIM Valhalla parent)

Campaign Goals

Our campaign goal is to raise \$10,000 to enhance our Teens in Motion program.

- To provide a safe environment with structured and choice activities appropriate to a high school setting, including communication devices, adaptive aids and entertainment equipment for teens.
- To provide additional staffing during the summer and school holidays.
- To allow opportunities for students in wheelchairs and those with more challenging behaviors who require lower staff-to-student ratios.
- To provide field trips and unique experiences appropriate for teens.



COUNT ON ME

YES, I WANT TO HELP

OUR GOAL: \$10,000

I PLEDGE: \$50 \$100 \$500 \$1,000

OTHER \$ _____

Name _____

Business Name _____

Address _____

City _____ State _____ Zip _____

Phone(s) _____

Email _____

I will pay my pledge:

Online at www.crs.ymca.org/giving

Cash

Check

Payable to: YMCA Childcare Resource Service

Mail to: 3333 Camino del Rio S. #400,
San Diego, CA 92108

Bank Draft (YMCA Members Only)

Payroll Deduction (YMCA Staff Only)

Credit Card

Credit Card # _____

Expiration Date _____

Name on Card _____

Campaigner Name _____

Signature _____

I authorize YMCA CRS to contact me in the future regarding annual support campaign.

TO GIVE: Call 619-521-3055 ext. 1402