



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA CHILDCARE RESOURCE SERVICE

### Training Topic Information Form

Complete one form per training and submit completed form to [mytraining@ymca.org](mailto:mytraining@ymca.org)

**Trainer Name:** Katie Zolezzi

**Email address:** katiezolezzi@att.net

**Training title:** The Power of Nature to Nurture Young Children

**Duration of training:** 3 hours

**Training series:**  Yes  No

#### TRAINING TOPIC

**Check one primary area:**

- Child Development and Learning
- Culture/Diversity and Equity
- Relationships, Interactions, and Guidance
- Family and Community Engagement
- Dual-Language Development
- Observation, Screening, Assessment, and Documentation
- Special Needs and Inclusion
- Learning Environments and Curriculum
- Health, Safety and Nutrition
- Leadership in Early Childhood Education
- Professionalism
- Administration and Supervision

Other:

**Brief description of purpose and content:** Nature Deficite Disorder - A Serious Issue with Young Children. Too many children are spending hours and hours inside watching video games, TV or the Internet. due to many reasons "why" parents are not allowing their child to explore the wonders outside. This workshop is designed for teachers to relive their own

childhood and then recreate an outside environment of discovery and wonder. Learn ways to tie in all the learning for science, technology, engineering, art and math (STEAM) in your own back yard. Teachers will learn skills to help their children discover the alphabet in the branches of trees and bushes; help the children to quietly watch the birds in their neighborhood; use math skills with found objects; learn the habitat of the bugs under the rocks in the back-yard and so much more.

## INTENDED AUDIENCE

### Check all that apply:

- Center Care and Teaching Staff
- Center Administration/Leadership Staff
- Family Child Care Provider
- Family, Friend and Neighbor Care Provider
- Parent
- Prospective Provider or Student
- Special Educator/Early Interventionist

## FEE FOR SERVICE

- No Fee
- Per Hour:
- Per training: based on the number of participants

Extra fees for materials: Costs for handouts will vary with the training and # of participants.

Group Discount:  Yes  No If yes, amount of discount:

## LANGUAGE

- English  Spanish  Tagalog  Vietnamese  Somali
- Other:

## FORMAT

- Small Group  Large Group  On-site Staff  One-on-One
- Other:

**Describe the primary resources you used to develop and deliver this training:** I use materials from current professional journals and magazines as well as my 40+ years in the field of Child Development. I have developed a professional library of resources on almost any topic that would interest Child Development Professionals.